

**LAZY F CAMP
AND RETREAT
CENTER
OUTDOOR SCHOOL
GUIDE**

16170 MANASTASH RD | 509-962-2780
OUTDOORADVENTURE@LAZYFCAMP.ORG

Packages and Pricing

Lazy F offers several different types of outdoor school packages. These range from 3 days 2 night programs to one day only programs. Listed below on the left are the packages, what they include, and approximate cost/ person for each one. The cost of the packages include meals and lodging only. Any extra additions such as camp activities will come with an added cost which you will find below the packages

Ponderosa Package

- 3 days/ 2 night
- 5 meals
- ~ 14 hours of educational opportunity
- \$119/ person

Douglas Fir Package

- 2 days/ 1 night
- 4 meals
- ~ 9 hours of educational opportunity
- \$89/ person

Lupine Package

- 1 day
 - 2 meals
 - ~ 5 hours of educational opportunity
 - \$27/ person
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Low Ropes Course: This includes team building exercises

(5 participant minimum at 1 hour charge minimum, which would be \$62.50 minimum charge)
\$12.50 per hour per participant

Zip Line

(5 participant minimum at 1 hour charge minimum, which would be \$50 minimum charge)
\$10.00 per hour per participant, we can accommodate 20 per hour

Climbing Tower (has 4 different sides from easy to hard)

(5 participant minimum at 1 hour charge minimum, which would be \$62.50 minimum charge)
\$12.50 per hour per participant, we can accommodate 20 per hour

Giant Swing

(7 participant minimum at 1 hour charge minimum, which would be \$87.50 minimum charge)
\$12.50 per hour per participant, we can accommodate 7 per hour

Flying Squirrel

(5 participant minimum at 1 hour charge minimum, which would be \$62.50 minimum charge)
\$12.50 per hour per participant, we can accommodate 15 per hour

Vertical Playpen

(5 participant minimum at 1 hour charge minimum, which would be \$100 minimum charge)
\$20.00 per hour per participant, we can accommodate 10 per hour

Archery

\$30 per hour per group of up to 15

Craft Cabin

\$30 per hour when using Lazy F Supplies. Free to use other wise.

How to plan your Outdoor School Trip:

Get started:

1. Determine length of visit and dates with your school. We recommend have 2-3 sets of dates for the spring or fall.
2. Discuss your program, curriculum, and goals with your school.
3. For further questions or to start your booking process email Mo outdooradventure@lazyfcamp.org

After you are booked:

1. Upon booking, Lazy F will send you a contract and forms for your stay. Please fill out the contract and mail your deposit to confirm your dates and outdoor school experience
2. Recruit adult chaperones to supervise the students. Chaperones are generally parents, teachers, or you can partner with Central Washington University for students*
3. Plan and prepare lessons for your students while you're at camp
4. Arrange transportation to and from Lazy F. Directions can be found in this Planning Guide and on our website

Prepare for your visit :

1. Prepare students and chaperones for the trip. Share letters and information from this guide and our website with students, parents, and chaperones. Generate enthusiasm!
2. Send home High Ropes & Challenge Forms (if applicable for your experience) with each student and chaperone and collect them once completed. Please bring a copy of these forms with you.
3. Let Lazy F know 2 weeks in advance of any major allergies (dietary, environmental, etc.) or dietary concerns.
4. Assign students to Learning Groups and Cabin Groups. Templates can be found in this guide. Please email a copy of this to Mo prior to arrival.
5. Check with all chaperones regarding your own school's chaperone policies and check if they have received necessary materials from this guide. If they have any questions, please encourage them to contact us by phone or email. We want them to feel confident, well-prepared, and excited!
6. Consider setting up a plan, such as a group email/text, for parents to verify that the group has arrived at Lazy F and to relay any other information. Lazy F does not have any cell phone reception so parents **will not** be able to contact students while they are on site.
7. The school is responsible for assigning a medical person and providing emergency transportation for the duration of the trip. Designate an adult with your group to be responsible for the handling and distribution of student medications. Lazy F has CPR/AED & First Aid on staff. Should any student/adult arrive ill or become ill during their stay, Lazy F reserves the right to request they be sent home to ensure the health/wellbeing of other participants.
8. Work through the enclosed Forms and Information Checklist to assist you in the planning of your visit!

***Please note what while Lazy F does have on-site staff, we do not provide supervision for your students as of the '25 '26 school year.**

Information Check lists

Please reference this checklist as you prepare your group for your Outdoor School experience. These suggestions are here to assist you in keeping the necessary information in order to make your visit as smooth as possible.

Teacher/Leader Planning:

- Forms and Information Checklist
- Learning Groups Form (~8-12 students with 1 adult)
- Cabin Groups Form (8:1 student to adult ratio, minimum)
- Designate an adult to handle the administration of all routine medication and medical treatment (we can assist with storage of medication as needed).

Provide to Participants & their Parents/Guardians:

- Parent/Guardian Letter
- Packing List
- Directions to Lazy F
- Challenge course Release Form (if applicable)

Provide to Chaperones:

- Chaperone Letter
- Packing List
- Directions to Lazy F
- Challenge course release form (if applicable)

Provide to Lazy F Before your visit:

- Final number of participants and chaperones
- Any dietary concerns or major health concerns for Lazy F staff to be aware of
- Learning Groups Form
- Cabin Groups form

Provide to Lazy F upon arrival:

- Copy of all release forms for Lazy F (if applicable)

Sample Schedules

Ponderosa and Douglas Fir Packages

*please note that Douglas Fir package is composed of Day 1 and Day 3 of the Ponderosa Package

Day 1:

10:00 - Arrive to Lazy F unpack and get situated
10:30 - Group gathering with camp rules
10:50 - First Activity (Orient yourself to camp)
11:30 - Group gathering for lunch (announcements, cheers etc.)
12:00 - Lunch
12:45- Kitchen Party (lunch clean up)
1:00 - Class 1
2:05 - Class 2
3:10 - Class 3
4:15 - Class 4
5:20 - Group Gathering for Dinner
5:30 - Dinner
6:15 - KP
6:30 - Large group activity
7:30 - snack / s'mores
8:15 - night activity
9:15 - get ready for bed
10:00 - lights out!

Day 2:

7:50 - Group Gathering for Breakfast
8:00 - Breakfast
8:45 - KP
9:00 - Large group activity
10:15 - Class 5
11:30 - Group gathering for lunch (announcements, cheers etc.)
12:00 - Lunch
12:45- Kitchen Party (lunch clean up)
1:00 - Class 6
2:05 - Class 7
3:10 - Class 8
4:15 - Class 9
5:20 - Group Gathering for Dinner
5:30 - Dinner
6:15 - KP
6:30 - Large group activity
7:30 - snack / s'mores
8:15 - night activity
9:15 - get ready for bed
10:00 - lights out!

Day 3 / 2 :

7:50 - Group Gathering for Breakfast
8:00 - Breakfast
8:45 - KP
9:00 - Pack up and clean cabins
10:15 - Class 10 / 5
11:30 - Group gathering for lunch (announcements, cheers etc.)
12:00 - Lunch
12:45- Kitchen Party (lunch clean up)
1:00 - Class 11 / 6
2:05 - Class 12 / 7
3:10 - Class 13 / 8
4:15 - Class 14 / 9
5:15 - Bye Lazy F!!

Lupine Package

*depending availability timing of actives and classes can be subject to change

9:00 am - Arrive to Lazy F
9:10 am - Group gathering with fire drill and rules
9:30 - Class 1
10:35 - Class 2
11:40 - Group Gather for Lunch
12:00 Lunch
1:00 Class 3
2:05 Class 4
3:10 - Closing Large Group Activity
3:30 - By Lazy F!!

Camp Activities

Lazy F does not currently offer staff lead lessons and classes for outdoor schools. We have a few partners in the area that we can contact for you to come in and teach lessons. Or you can bring all your own lessons. We do have Lazy F staff facilitated activities that you can plug into your schedule

Low Ropes Experience	In low ropes and team building, learners work cooperatively in unique elements that require balanced communication, problem solving, and trust. These elements encourage group debriefing and reflection on how the challenges faced at the course can be interpreted alongside the relationships we create and build at home, school, and in our communities.	Time: 1-1.5 hrs Accessibility: Moderate physical activity, mental challenge and cooperation
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Archery	Archery is a recreational activity where our staff will assist students in the experience of Archery. They are lead through instruction on how to stand, aim, and shoot bows and arrows.	Time: 45 min-1hr Accessibility: Moderate strength needed to pull back bow strings. Standing for 15-20 min at a time.
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High Ropes Course	In high ropes, learners work individually and collectively. Your school has the option to climb a 40-foot rock wall or vertical playpen. They can also experience the rush of our giant swing, flying squirrel, or zip line. The challenges are big on this course; the support of fellow participants and our well-led staff will provide an exhilarating learning experience that expands our ability to create and achieve goals, confront fears, and cultivate self-confidence.	Time: 1-2hrs Accessibility: Strenuous physical activity, mental challenge, cooperation
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Cabin Assignments

Each of our cabins are unique in set up and capacity. You might have different sleeping needs than other school. All of our cabin layouts are included, so please be sure that the cabins you are assigning are the cabins you have reserved. To double check which cabins you have reserved you can view your agreement or call our office (509) 962-2780

Your group will need to choose a place for your healthcare provider to operate out of. We recommend that it is a place with some privacy. Many schools opt to use White Glen for this purpose.

Our cabin Skyline may also be available during your stay. Skyline is not set up to house students. Minimal exceptions are made for this. However, many schools opt to use skyline to house teachers, other staff, volunteers, or bus drivers if needed. It is set up more like a “hotel” with individual bathrooms in each room.

Learning Groups

We like to have learning groups of 10 or less to help boost learning, conversation, and transformation. We ask that the groups be similar in grade-level readiness, which includes content awareness, social & emotional maturity, and education experience.

It would be helpful for us to have a copy of your learning groups on site that we can access in the event of an emergency communication from family members to the camp.

Log Castle (11 students 1 adult)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____

Lariat Loop (11 students 1 adult)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____

Sun Fishing (11 students 1 adult)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____

White Glen (7 students, 1 adult)

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1. _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____
 7. _____
 8. _____

Ridgeview (35 students, 5 adults)

Room 1:

1. _____
2. _____
3. _____
4. _____
5. _____

Room 2:

1. _____
2. _____
3. _____
4. _____
5. _____

Room 3:

1. _____
2. _____
3. _____
4. _____
5. _____

Room 4:

1. _____
2. _____
3. _____
4. _____
5. _____

Room 5:

1. _____
2. _____
3. _____
4. _____
5. _____

Room 6:

1. _____
2. _____
3. _____
4. _____
5. _____

Room 7:

1. _____
2. _____
3. _____
4. _____
5. _____

Room 8:

1. _____
2. _____
3. _____
4. _____
5. _____

Room 9:

1. _____
2. _____
3. _____
4. _____
5. _____

Room 10:

1. _____
2. _____
3. _____
4. _____
5. _____

Trading post (35 students, 5 adults)

Room 1:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
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8. _____
9. _____
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16. _____
17. _____
18. _____
19. _____
20. _____
21. _____
22. _____
23. _____
24. _____
25. _____
26. _____

Room 2:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Room 3:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Saddle Pockets (16 students, 2 adults)

- Room 1:
1. _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____

- Room 3:
1. _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____

- Room 2:
1. _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____

Greetings Parent/Guardian,

Thank you for your interest in Lazy F's Outdoor School Program. We hope that the resources found on our website in conjunction with the information relayed from your lead educator has begun to illustrate the exciting educational experience your child will take part in here at Lazy F.

Lazy F's Environmental Education Program is located in Ellensburg, WA and offers day residential environmental education programming for public and private schools, homeschool organizations, and similar community organizations. Located in the Manastash Canyon, Lazy F offers beautiful and unique land and water ecosystems for students of all ages to explore and utilize as an out-of-doors classroom.

Lazy F partners with schools and community members to focus on an outdoor experiential education. These experiential classes and important discussions encourage active participation outside in the ecosystems that inform our neighborhoods, towns, and cities. Students spend their days at Lazy F living into an educational experience that offers them a chance to explore our lands, creek, pond, and trails while using inquiry skills and cultivating curiosity.

We take our time to immerse ourselves in the learning experience in order to welcome all learning styles and personalities into this space. These wonderful and diverse ecosystems take their time to develop and we like to take our time to make sure your students can take the necessary time they need to develop as critical, empathetic, and active learners as well. Students have the opportunity to positively deepen their physical, social, and psychological awareness while also relating these elements to a deeper understanding of ecological well being, participation, and justice.

Our staff looks forward to extending hospitality and care to all who visit. Learning and living are celebrated equally at Lazy F, and we celebrate your learner's time engaging with the human and more-than-human world.

If you would like to learn more about our programs, please visit our website at www.lazyfcamp.org. You can also visit our Facebook and Instagram pages where we will post pictures throughout the experience. If you have any questions, please call our office at (509)-962-2780 or email Mo at outdooradventure@lazyfcamp.org.



Sincerely,

Mo Hampton

Outdoor Adventure Coordinator

Greetings Chaperone,

Thank you for your commitment to accompany students throughout an exciting experience at Lazy F! Your engagement informs students' experiences and will create a fun and safe learning environment.

The best way you can support students is through genuine curiosity, engagement, and enthusiasm. We're trying to build a learning community within the group, and you're an important part of it! We're also trying to help students become engaged and curious about nature, science, their own ideas, and ideas of others. You are role models, and students will notice what you do. If you are engaged with what we're doing, following instructions, and being enthusiastic, it helps the students see it as a worthwhile thing to do. Whether adventures outside are commonplace for you or if this is your first experience of this kind, we celebrate your participation because your energy and involvement motivates student learning.

Focus on things you don't know, and try to figure them out with students. Listen to their questions, or ask them questions. Over time, try to get little moments of connection with everyone. The more connections you make, the more you'll really care about the students, and the more effective you'll be in supporting their learning experiences. We encourage you to learn more about your students (interests, passions, etc.) because your investment helps to make this experience special. Our goal is to help empower students to share their ideas and think together, so it's important to listen more than speak!

Meal times are shared around tables and are learning opportunities just like any other at Lazy F. We ask chaperones to enjoy their time with the students at their tables. Encourage great conversation, healthy habits, and good listening during announcements. If you have dietary needs, please give that information to your lead educator, they will provide us with all dietary need before your stay.

Safety is foundational to any Outdoor Education experience. We have staff who are well trained in facilitation & CPR/AED & First Aid. If an emergency occurs, immediately notify your school's emergency care personnel and Lazy F staff members.

If you would like to learn more about our programs, please visit our website at www.lazyfcamp.org. You can also visit our Facebook and Instagram pages where we will post pictures throughout the experience. If you have any questions, please call our office at (509)-962-2780 or email Mo at outdooradventure@lazyfcamp.org.



Sincerely,

Mo Hampton

Outdoor Adventure Coordinator

Directions

Lazy F is located in the Manastash Canyon, 20 minutes from Ellensburg, Washington. You can find us by typing Lazy F Camp & Retreat Center into Google Maps or Apple Maps on your smartphone.

Or, if you want more traditional instructions here is how to find us

From Western Washington:

Head east on Interstate 90 following signs for Ellensburg.

Take exit 101 for Thorp Hwy toward Thorp.

Turn right onto Thorp Hwy S and continue for 2.0 miles.

Turn right onto Cove Rd and continue for 4.2 miles.

Turn right onto Manastash Rd and continue for 6.5 miles.

Lazy F will be to your left. If the road becomes gravel, you've gone about a mile too far.

From Eastern Washington:

Head west on Interstate 90 following signs for Ellensburg.

Take exit 109 for Canyon Rd.

Turn right onto Canyon Rd and continue for 0.5 miles (until the next traffic light).

Turn left onto Umptanum Rd and continue for 1.7 miles.

Turn right onto Manastash Rd and continue for 10.0 miles.

Lazy F will be to your left. If the road becomes gravel, you've gone about a mile too far.